

Arlene's April 2025 K-8 Halal Lunch Menu

	1	2	3	4
7 Hot Dog &Tater Tots Beef Hot Dog (2m) 12 WG Bun (1.75wg) 25 Tater Tots (12 = 3/4c) 24 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	8 Taco Tuesday Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	9 Chicken & Waffles Chicken Nuggets (4 = 2m) 19 Eggo Waffles (2 = 2wg) 28 Sliced Cucumbers (3/4c) 3 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13	10 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Beef Crumbles (2m) 13 WG Roll (1/wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13	11 Cheese Pizza Cheese Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
14 Chicken Tenders Chicken Nuggets (4=2m,1wg) 19 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Craisins (1/2c) 34 Choc/White Milk (1c) 19/13	15 Hamburger Patty on WG Bun Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Ketchup 3 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13	16 Teriyaki Chicken w Rice Chicken Nuggets (4=2m,1wg) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	17 Chili & Cornbread Chili w Beans (1.5m, 3/8r, 1/8l) 16 Cheddar Cheese (1oz) 0 WG Corn Bread (1wg) 36 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	NO SCHOOL
21 Chicken Nuggets Chicken Nuggets (4=2m,1wg) 19 Green Beans (3/4c) 6 WG Roll (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	22 Taco Tuesday Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13	23 Breakfast for Lunch Beef Sausage (2m, 1wg) 13 Tater Tots (12 = 3/4c) 24 Cheddar Cheese (1m) 0 Cinnamon Crisps (1wg) 25 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	24 Hot Dog on WG Bun Beef Hot Dog (2m) 12 WG bun (1.5wg) 21 Carrot Sticks (3/4c) 0 Goldfish Crackers (1wg) 14 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13	25 Cheese Pizza Cheese Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
28 Chicken Patty on WG Bun WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Baked Beans (3/4c) 45 Graham Crackers (1wg) 11 BBQ Sauce 5 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	29 Orange Chicken w Rice Chicken Nuggets (4=2m,1wg) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	30 Biscuits & Gravy Pillsbury Biscuits (2 = 2wg) 24 Beef Crumbles (2m) 0 Country Gravy (1/2c) 24 Broccoli (3/4c) 5 Ketchup 3 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13	Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk	Sides - Fruits and Vegetables listed by group and measured in cups. Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.