

Arlene's August 2024 K-8 Breakfast Menu



<i>Carbs listed for each item in blue font</i>				
		21 Cinnamon Bun (2wg) 34 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	22 Bagel & CC (1m, 2wg) 27 Apple Chips (1/2c) 10 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	23 Strawberry Pull Apart Bagel (2wg) 42 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13
26 Cereal Bar (1wg) 30 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	27 Corn Muffin (2wg) 36 Craisins (1/2c) 34 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	28 Cinnamon Bun (2wg) 34 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	29 Banana Bread (2wg) 43 Applesauce (1/2c) 11 Juice (1/2c) 14 Choc/White Milk (1c) 19/13	30 Mini Cinnis (2wg) 40 Apple Chips (1/2c) 10 Juice (1/2c) 14 Choc/White Milk (1c) 19/13

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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