

Arlene's December 2024 K-8 Halal Lunch Menu

2 Hamburger Patty & WG Bun (2m, 1.75wg) 26 Baked Beans (3/4l) 45 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	3 WG Chicken Nuggets - 4 (2m, 1wg) 13 Green Beans (3/4o) 6 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	4 Beef Crumbles, Mashed Potatoes & Gravy (2m,3/4s) 41 WG Roll (1wg) 16 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	5 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Broccoli (3/4g) 5 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13	6 WG Bosco Sticks – 2 (2m, 2wg) 33 Marinara - 2 (1/4r) 8 Bear Cracker 21 Carrot Sticks (1/2r) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13
9 WG Chicken Nuggets - 4 (2m, 1wg) 13 Carrot Sticks (3/4r) 0 Goldfish Pretzels (1wg) 16 BBQ Sauce 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	10 Taco Tuesday (1m) 1 WG Nacho Chips (1wg) 18 Refried Beans (3/4l) 36 Cheddar Cheese (1m) 0 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	11 Beef Hot Dog & WG Bun (2m, 1.5wg) 22 Corn (3/4s) 21 Sport Bite Crackers 19 Ketchup 3 Watermelon (1/2c) 6 Choc/White Milk (1c) 19/13	12 Macaroni & Cheese (2m, 1wg) 31 WG Roll (1wg) 16 Sliced Cucumbers (3/4o) 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	13 Cheese Pizza (2m, 2wg) 33 Broccoli (3/4g) 5 Bear Cracker 21 Berry Fruit Cup (1/2c) 22 Choc/White Milk (1c) 19/13
16 WG Chicken Nuggets - 4 (2m, 1wg) 13 Baked Beans (3/4l) 45 Goldfish Pretzels (1wg) 16 BBQ Sauce 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	17 Hamburger Patty & WG Bun (2m, 1.75wg) 26 Baked Fries (3/4s) 33 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13	18 WG Chicken Patty & WG Bun (2m,2.75wg) 38 BBQ Sauce 5 Sliced Cucumbers (3/4o) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	19 Beef Hot Dog & WG Bun (2m, 1.5wg) 22 Baked Fries (3/4s) 33 Ketchup 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	20 WG Bosco Sticks – 2 (2m, 2wg) 33 Marinara - 2 (1/4r) 8 Graham Crackers (1wg) 11 Broccoli (1/2g) 5 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13
Holiday Break				
			Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk	Sides - Fruits and Vegetables listed by group and measured in cups. Chef, Taco, and Southwestern Salad Option every day.

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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