



Arlene's May 2025 K-8 Halal Lunch Menu

<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk</i></p>	<p><i>Sides - Fruits and Vegetables listed by group and measured in cups.</i></p> <p><i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p>		<p>1 <u>Chicken Nuggets</u> Chicken Nuggets (4=2m,1wg) 19 Green Beans (3/4c) 6 WG Roll (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>2 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>5 <u>Beef Hot Dog & Tater Tots</u> Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 <u>Taco Tuesday</u> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>7 <u>Chicken & Waffles</u> Chicken Nuggets (4=2m,1wg) 19 Eggo Waffles (2 = 2wg) 28 Sliced Cucumbers (3/4c) 3 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>8 <u>Spaghetti & Beef Crumbles</u> Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Beef Crumbles (2m) 13 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p>	<p>9 <u>Cheese Pizza</u> Cheese Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>12 <u>Chicken Nuggets</u> Chicken Nuggets (4=2m,1wg) 19 Green Beans (3/4c) 6 Goldfish Pretzels (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>13 <u>Hamburger Patty on WG Bun</u> Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Ketchup 3 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>14 <u>Teriyaki Chicken w Rice</u> Chicken Nuggets (4=2m,1wg) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Celery Sticks (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>15 <u>Sloppy Joe</u> Sloppy Joe Beef (2m, 1/4r) 16 WG Bun (1.75wg) 25 WG Sport Crackers (1wg) 19 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>16 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Broccoli (3/4c) 5 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>19 <u>Chicken Nuggets</u> Chicken Nuggets (4=2m,1wg) 19 Green Beans (3/4c) 6 WG Roll (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>20 <u>Taco Tuesday</u> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>21 <u>Breakfast for Lunch</u> Beef Sausage (2m, 1wg) 13 Tater Tots (12 = 3/4c) 24 Cheddar Cheese (1m) 0 Bear Cracker (1wg) 21 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>22 <u>Hot Dog on WG Bun</u> Beef Hot Dog (2m) 12 WG bun (1.5wg) 21 Carrot Sticks (3/4c) 0 Goldfish Crackers (1wg) 14 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>23 <u>Cheese Pizza</u> Cheese Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>26 NO SCHOOL</p>	<p>27 <u>Chicken Patty on WG Bun</u> WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Baked Beans (3/4c) 45 Graham Crackers (0.5wg) 11 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>28 <u>Biscuits & Gravy</u> Pillsbury Biscuits (2 = 2wg) 24 Beef Crumbles (2m) 0 Country Gravy (1/2c) 24 Broccoli (3/4c) 5 Ketchup 3 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>29 <u>Orange Chicken w Rice</u> Chicken Nuggets (4=2m,1wg) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>30 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>

MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER