



Arlene's October 2025 K-8 Halal Menu

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| <i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk</i> | | <i>Sides - Fruits and Vegetables listed by group and measured in cups.</i> <i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i> | | 1 <u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Sweet & Sour Chicken w Rice | 2 <u>Breakfast</u> Lemon Bread <u>Lunch</u> Sloppy Joe | 3 <u>Breakfast</u> Strawberry Pull Apart Bagel <u>Lunch</u> Cheese Pizza |
| 6 <u>Breakfast</u> Apple Cinnamon Oatmeal Round <u>Lunch</u> Chicken Nuggets | 7 <u>Breakfast</u> Chocolate Muffin Top <u>Lunch</u> Chicken Patty on WG Bun | 8 <u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Pancakes & Sausage | 9 <u>Breakfast</u> Blueberry Muffin <u>Lunch</u> Spaghetti & Meatballs | 10 <u>Breakfast</u> Chocolate Muffin <u>Lunch</u> Bosco Sticks | | |
| 13 <u>Breakfast</u> Banana/Choc Oatmeal Round <u>Lunch</u> Hamburger & Tater Tots | 14 <u>Breakfast</u> Blueberry Muffin Top <u>Lunch</u> Taco Tuesday | 15 <u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Beef Gyro | 16 <u>Breakfast</u> Pumpkin Bread <u>Lunch</u> Beef Hot Dog on WG Bun | 17 <u>NO SCHOOL</u> | | |
| 20 <u>Breakfast</u> Apple Cinnamon Oatmeal Round <u>Lunch</u> Chicken Nuggets | 21 <u>Breakfast</u> Chocolate Muffin <u>Lunch</u> Burrito Bowl | 22 <u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Chicken Patty on WG Bun | 23 <u>Breakfast</u> Apple Strudel Pastry <u>Lunch</u> Chicken Pasta Alfredo | 24 <u>Breakfast</u> Cinnamon Pull Apart Bagel <u>Lunch</u> Bosco Sticks | | |
| 27 <u>Breakfast</u> Banana/Choc Oatmeal Round <u>Lunch</u> Beef Hot Dog & Tater Tots | 28 <u>Breakfast</u> Super Breakfast Ring <u>Lunch</u> Taco Tuesday | 29 <u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Sweet & Sour Chicken w Rice | 30 <u>Breakfast</u> Banana Bread <u>Lunch</u> Three Bean Chili | 31 <u>Breakfast</u> Strawberry Pull Apart Bagel <u>Lunch</u> Cheese Pizza | | |

MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER