



Sunrise Academy

Lunch 9-12 Menu - August 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17	18	19	20	21
NO SCHOOL	NO SCHOOL	5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 fresh banana 27 g ½ c apple juice 15g 4oz Rice 27 g 1 oz WG bug bites crackers 21g	WG Chicken pattis 15 g 3 oz ¾ French Fries 22g Ketchup 9g ½ c apple slices 15g ¼ c peaches WG bun 19g 2oz	WG stuffed Cheese Pizza 31 g 5oz ¾ c baby Carrots 9 g Ranch 1 g ½ c mix fruit 15 g ½ c Craisin 27g
24	25	26	27	28
5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 fresh banana 27 g ½ c apple juice 15g 4oz Rice 27 g 1 oz WG bug bites crackers 21g	WG Barbecue Chicken tender 2 ea ¾ c French Fries 22g Ketchup 9 g 1 Fresh apple 15g ½ c pineapple 15g WG tiger bites crackers 21g 1 oz	WG Mac and cheese 31g 8 oz ¾ c green beans 7g 1 fresh orange 9g ½ c Craisin 27 g WG Dinner Roll 12 g 1 oz	Cheeseburger 2 g 3.2 oz ¾ c Baked Beans 30g 1 fresh apple 15 g ½ c Orange juice 15g WG Bun 25 g 2 oz	WG stuffed Cheese Pizza 31 g 5 oz ¾ c baby Carrots 9 g Ranch 1 g ½ c mix fruit 15 g ½ c Craisin 27g
31				
5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 banana 27 g ½ c apple juice 15g 4 oz Rice 27 g WG bug bites crackers 21g				

Notes: Menus are subject to change based on availability of food and unforeseen school closures
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER AND LENDER
 MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
 Contact bellasfoodservices@gmail.com for any questions

Milk Offered with every meal , Milk 1% White or FFChocolate Milk