



Sunrise Academy

Lunch Menu K-8 - August 2026



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



17	18	19	20	21
NO SCHOOL	NO SCHOOL	5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 fresh banana 27 g 4oz Rice 27 g 1 oz WG bug bites crackers 21g	WG Chicken pattis 15 g 3 oz ¾ french fries 22g Ketchup 9g ½ c apple slices 15g WG bun 19g 2oz	WG stuffed Cheese Pizza 31 g 5oz ¾ c baby Carrots 9 g Ranch 1 g ½ c mix fruit 15 g
24	25	26	27	28
5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 fresh banana 27 g 4oz Rice 27 g 1 oz WG bug bites crackers 21g	WG Barbecue Chicken tender 2 ea ¾ c French Fries 22g Ketchup 9 g 1 Fresh apple 15g WG tiger bites crackers 21g 1 oz	WG Mac and cheese 31g 8 oz ¾ c green beans 7g 1 fresh orange 9g WG Dinner Roll 12 g 1 oz	Cheeseburger 2 g 3.2 oz ¾ c Baked Beans 30g 1 fresh apple 15 g WG Bun 25 g 2 oz	WG stuffed Cheese Pizza 31 g 5 oz ¾ c baby Carrots 9 g Ranch 1 g ½ c mix fruit 15 g
31				
5 oz Baked Chicken drumstick 2g 1 ½ c Romaine salad 4g 1 banana 27 g 4 oz Rice 27 g WG bug bites crackers 21g				

Notes: Menus are subject to change based on availability of food and unforeseen school closures

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER AND LENDER

MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP

Contact bellasfoodservices@gmail.com for any questions

Milk Offered with every meal , Milk 1% White or FFChocolate Milk